The Lawrence YMCA team won a gold medal at the Middle School Indoor Rowing Championship Regatta on May 5th.

The event, which was held at the Greater Lawrence Community Boathouse, was a competition between teams from the Lawrence Boys and Girls Club, the Wetherbee School, the Tarbox School, the Arlington School and many more.

The Middle School Indoor Rowing League started this spring at the Lawrence Y. Children who participate in the After School Program at the Lawrence Y make up the team, which practices every Monday and Wednesday on two rowing machines on loan from the Greater Lawrence Community Boathouse.

This program has been so popular, plans are in the works to expand it to high school students this fall!

For more information about this program, please contact Jess Murray at the Lawrence YMCA at jmurray@mvymca.org or 978-686-6190 or Jed Koehler, Executive Director of Greater Lawrence Boathouse, JKoehler@BoatingProgram.com.